



Gentle Yoga

Cost: \$7 .00 per class if pre-pay in full for 8 week session

Or

\$10.00 per class

One hour of gentle yoga to refresh the mind and body

With Certified Instructor Terry Finn

Where: The Moultonborough Recreation Department

When: Mondays 2:45 pm and Wednesdays 10:00am

New Session Begins September 9th

*Schedule subject to changes call the recreation department for
updates. 476-8868*